



TASTE THE TWO Independent Cycling Tour with a 2 day guided, Kayak adventure Total minimum cycling distance 160 kms	6 Days / 5 Nights	Ex Nelson City
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Description

This amazing 6 day, Cycle/Kayak adventure, takes you along the completed stages of Tasman's Great Taste Trail. Take a break after two days of cycling and experience two days of pure magic in the world famous Abel Tasman National Park with Abel Tasman Kayaks.

Starting in Nelson, the Rail Route takes you to Wakefield via Stoke, Richmond and Brightwater. Stops along the way include the World of Wearable Art Museum, award winning Wineries and Craft Breweries to name a few.

The following day, you will experience the Spooners Tunnel section. Opened on the 17th April 2016, it is the oldest disused rail tunnel in New Zealand and at 1352 metres long it is the longest in the southern hemisphere. Before we head over the Pigeon Valley summit, and wind down the Valley Route on Motueka's West Bank, en route to Kaiteriteri.

Park the bike up for two days! Your amazing two day kayaking adventure starts in the Abel Tasman National Park, with Abel Tasman Kayaks.

Back on the bike again, your third day of cycling on the scenic Coastal Route through Riwaka, Motueka, Lower Moutere and Tasman and has you arriving in Mapua where the magical atmosphere must be experienced. This section of the Great Taste Trail is well known for the wonderful cafes along the way.

Day 6, you make the short but memorable crossing to Rabbit Island on the Mapua Ferry, cycling along Rabbit Island, through farmland, and experience some amazing scenery on coastal boardwalks before arriving at your final destination.

Day 1	Nelson to Wakefield	Distance: 32kms	Meals: Dinner
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Arrive at Nelson Airport where Trail Journeys will meet you and transport you to our base in Nelson City. We will fit you to your bikes and supply all the information required to enjoy a fantastic cycling adventure you will remember forever.

You may wish to arrive the day before and explore Nelson City and enjoy the range of fabulous dining options available.



Your first morning of cycling follows the Great Taste Trail signs taking you south to the outskirts of the City. Here you will enter the old rail corridor, a sealed cycle path that takes you over bridges, under the motorway, before winding your way around the estuary towards Richmond. Take a break and explore the interesting 'World of Wearable Art' (WOW) museum and cafe.

A little further up the trail, enjoy the atmosphere of the Honest Lawyer, a Country style pub, for lunch or a beverage.

Near Richmond you will cross the main road and very quickly head out amongst the vineyards, orchards and farmland, bound for Brightwater. There are a number of award winning wineries around this area.

Continuing south you will cross the Waimea River via a swing bridge and carry on to Brightwater, and then on to the quaint village of Wakefield, 7 km's away.

The Brightwater to Wakefield stretch has quiet on road sections with minimal traffic, and winds through farmland and a small native forest, into Wakefield where your accommodation awaits.

Day 2	Wakefield – Spooners Tunnel to Kaiteriteri	Distance: 50kms	Meals: Breakfast / Packed lunch
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8:00am Pick-up: You are in for a nice treat this morning as we head south and ride through one of the main attractions on the Great Taste Trail. The Spooners Tunnel, at 1352 metres long, is the oldest disused rail tunnel in the southern hemisphere. The tunnel is pitch black and is a constant ten degrees so take a jumper. After exiting the tunnel a lovely downhill gradient takes you down to the Belgrove Inn and on to Wai-iti domain before we shuttle you over the Pigeon Valley summit, into the Dovedale Valley.

(At this point you may choose to do more or less cycling as we can drop you anywhere down the Dovedale Valley or West bank).

After crossing the Baton Bridge to Motueka's West Bank it's time to "get back in the saddles" again. This quiet country road passes through farmland, native forests and small settlements while generally following the river. There are no eateries along this section so Trail Journeys provide you with a packed lunch and snacks. If it's a nice day then a swim in a Motueka river makes for a great stop.

After 30.4 kms you will arrive at Umukuro Road where you carry straight onto Anderson Road, turning



right on Factory Road, before re-joining the Great Taste Trail in Riwaka. From this point Kaiteriteri is

10 kms away. Tip: If you enjoy your craft beer, then a tasting at The Hop Federation is just 380m off the trail in Riwaka.

The ride into Kaiteriteri takes in boardwalks, bridges, farmlands and orchards before entering the 'Easy Rider' trail of the Kaiteriteri Mountain Bike Park. This 4km section through the Mountain Bike Park takes in stunning native forest. A reasonable level of fitness is required to bike this section and caution must be taken by inexperienced riders as there are tight turns, drop offs and switchbacks.

Once you enter Kaiteriteri, you can explore the famous golden sands and atmosphere of Kaiteriteri, the gateway to the famous Abel Tasman National Park. We highly recommend you add one or two days to experience walking, kayaking or a cruise through the Park. This is truly spectacular and peaceful!!

Day 3 & 4	Abel Tasman National Park	Meals: Breakfast, Lunch, Dinner (day 3)
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After enjoying your complimentary breakfast you will be collected by staff of Abel Tasman Kayaks who will transport you over the hill to Marahau, where you will commence a 2-day fully guided, and fully catered tour in the Abel Tasman National Park.

Kayak the coastline from beautiful Totaranui down to Anchorage. Spacious and spectacular; the northern section is seldom visited by others. Completely immerse yourself in the natural wonders of the Abel Tasman National Park. Experience it all from paddling with seals, relaxing on numerous beaches, exploring lagoons, islands and Maori Pa (village) sites to learning about local history and more. It's a relaxing, content rich and memorable two day experience which is fully catered with food.

Kayak Itinerary – Day 1

- 8.30am Check in and meet your guide.
- 9.00am Kayak briefing.
- 10.30am Transport to Totaranui.
- 12.15pm Arrive Totaranui.
- 12.30pm Packing kayak and lunch.

- 1.00pm Kayak from Totaranui to Onetahuti area. Total kayak time approx 4 hrs with breaks.
- 5.00pm Arrive Onetahuti area.



5.30pm Set up camp site.
7.00pm Dinner & Dessert.

Kayak Itinerary – Day 2

8.00am Breakfast.
9.00am Decamp.
9.30am Kayak from Onetahuti area to Anchorage. Total kayak time approx. 4hrs with breaks.
12.00pm Enjoy lunch in the Bark Bay area.
3.45pm Arrive Anchorage.
4.00pm Water taxi to Marahau.
4.30pm Arrive back in Marahau.
5.00pm Shuttle back to Kaiteriteri

What to bring?

Please bring personal water bottle, hat, sunscreen, insect repellent, towel, swimsuit, warm top (wool or fleece), wind jacket, a change of clothes, cameras and any medication. Evening: Long pants, t-shirt, warm top (wool or fleece), trainers and socks, rain proof jacket. Personal: Toiletries, sleeping bag (we can provide this), flashlight.

At the end of day two, return by scenic Aqua Taxi to Marahau. You will then be transported back to Kaiteriteri to enjoy another night.

Day 5	Kaiteriteri to Mapua	Distance: 40kms	Meals: Breakfast
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After breakfast it's time to climb on your bikes again, bound for Mapua. After exiting the mountain bike park, you will enjoy a leisurely ride with many scenic attractions along the way. Re-trace your steps back to Riwaka, and make your way around the coastal trail of Motueka, enjoying the variety of bird species and scenery. A recommended coffee/meal stop is 'Toad Hall' at the (southern) end of Motueka.

On leaving Motueka you will pass through the Riverside Community, (great café here called Riverside Café) then head up over Tasman View Road. (This section is grade 2-3 and is a steady climb). However, the spectacular views of Tasman Bay make it all worth it!

Onward to the quaint village of Tasman, and then past New Zealand's number 1 café, 'Jester House'.

This is also a recommended coffee/café stop. Enjoy the lovely gardens & feed the 'Tame Eels'.



You are now just 8kms from Mapua, where you will stay tonight. Here you can enjoy the buzzing atmosphere of galleries, studios, restaurants, cafes, shops, wine bar, and craft beer on the Mapua Wharf.

Day 6	Mapua to Airport or Nelson City	Distance: 22 or 32km	Meals: Breakfast
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Relax on the Mapua Wharf before boarding the iconic Mapua Ferry for the short trip across the channel to Rabbit Island. This is a relatively short day bound for your final destination.

The trail takes you along the main beach of Rabbit Island where long white sandy beaches and the peaceful surroundings are very calming. Upon leaving the island and heading towards Richmond, you will cross the spectacular Waimea Swing Bridge, before taking in the views from the coastal boardwalks of the Waimea Estuary and fertile farmland, (home to a range of internationally significant bird species including the white heron).

Trail Journeys will then meet you at your destination with your bags and collect your bikes.

Trail Journeys Inclusions:

- Cycle equipment which includes comfort trail bike, helmet, repair kit, panniers, odometer and trail documentation
- Luggage transfers between accommodations (1 bag per person – limit 15kgs per bag)
- Packed lunch, including bottled water (day 2)
- Transport
- Mapua Ferry crossing
- All ensuite accommodation based on twin/double share with breakfast included
- Luggage storage for excess luggage available if returning to Nelson after cycling

Abel Tasman Kayak Inclusions:

- Top quality double sea kayak, lifejacket, paddle, spray skirt, paddle jacket, dry bags for cameras and of course an awesome ATK guide.
- 2 person tents, thermarest inflatable mattresses, sleeping bags if required, plates, cutlery, cups, gas cookers, filtered water and all meals. (NB: Tents, bedding etc are set up ready for your stay)

Optional Add On's:



- Enjoy this tour and take the effort out of the hills on our high end Scott or Avanti E-Bikes (electric)!! (extra \$240 per person)

Accommodation (all accommodation is ensuite/private bathroom based on twin/double share, based on availability)

- Day 1 – Wakefield
- Day 2 – Kaiteriteri
- Day 3 – Abel Tasman national Park
- Day 4 - Kaiteriteri
- Day 5 – Mapua

Availability:

NB: Prices are based on Peak season, per adult (1st December to 1st April)
Please call or email us to check availability and to book outside these dates.

Retail Rate 2017-2019

Adult - NZD\$1,884.00pp (2 pax min)

Net Rate: NZD\$1507.20

(Single traveller wanting own room - additional \$400.00pp)

This tour is suitable for Ages 14+

*If you have extra luggage that you are sure will not be needed on your trip with us, then let us know and we can store it at our depot.